Bahl & Bahl Medical Associates

Penn Hills (ph) 412-241-6111 (fax) 412-731-7149
UPMC St. Margaret's (ph) 412-784-2150 (fax) 412-781-8577

Name:_____ Date:_____

Phone:_____ Circle your doctor: Dr. Lin Dr. Bahl

Diabetic medication and doses (the medicine you take to control your blood sugar):

DATE	Breakfast	Lunch	Dinner	Bedtime	Comments